2016 Hills Hornets Coaching Report

Brad Curl Coaching Director

Reporting Period January – December 2016

The Hills Hornets continued their great progression up the ranks in 2016 with a number of significant results, proving that it will not be long before all the hard work put in by our dedicated Coaches starts to see some on field results come our way .

The first of the Tournaments in 2016 was the Junior State Cup in February, once again held at Port Macquarie.

Hills once again supplied maximum teams to this Tournament including 3 Development teams which not only supplies Player Development but also the opportunity to develop new Coaches at Hills.

Further to our Coaching development at Hills Hornets it was great to have Current Australian Coach Dave Nolan conduct a Coach the Coaches Development session in January 2016 which was of major benefit to all and will continue in the future.

JUNIOR STATE CUP 2016

| AGE | COACH | | ASSISTANT COACH |
|----------------|-----------------------------|----------------|-----------------|
| Under 10G | Darryl Griffin Karen Short | | |
| Under 10B | Phil Mcilwraith | | Michael Sproule |
| Under 10B Dev. | Jo Lawson | | |
| Under 12G | Katrina Mcilwraith | | Tim Sleigh |
| Under 12G Dev. | Yass SidarosMark Harrington | | |
| Under 12B | Brad Curl | Jamie Clifford | |
| Under 12B Dev. | John Moujalli | i | |

| Under 14G | Kaitlin McCaffery | Abby Papp/Kylie Nicholas |
|-----------|-------------------------|--------------------------|
| Under 14B | Matt Lawson | ArdellRauteke |
| Under 16G | Anthony Dudeck | Mel Mitchell |
| Under 16B | Brad Mitchell Craig Egg | ington |
| Under 18G | Mick BlanchardPaul Hou | ırigan |
| Under 18B | Anthony Jack Brad Curl | |

This year it was particularly pleasing to see current highly credentialed players join our Coaching staff in Kaitlin McCaffery, Abby Papp & Tim Sleigh, this can only be of great benefit for the Club and we warmly welcomed them aboard.

NTL and Junior Regionals 2016 quickly came around againand Hills continued to have a strong involvement for the Sydney Scorpions, not only in playing strength but also in Selecting & Coaching. This is vital for our Coaches to be involved in order to further develop technical skills to bring back to Affiliate level.

This was the highest contingent of Coaches we have sent to Regionals and with the Sydney Scorpions being the strongest region throughout the State it is quite an accomplishment for Hills Hornets.

Other notable accomplishments and definite highlights from Sydney Scorpions was the announcement of our very own Mel Mitchell being crowned 2016 Junior Scorpions Coach of the year as well as Mel being named in NSWTA Female Coaching Mentor Program.

Also the announcement of Brad Curl as the new Coaching Director at Sydney Scorpions which can only be of great benefit to Hills Hornets moving forward.

SYDNEY SCORPIONS NTL and JUNIOR REGIONALS

| DIVISION | POSITION | NAME |
|----------|------------|-------------|
| 14G | Head Coach | Gavin Bruce |

| Assistant Coach | Matt Lawson | | |
|---------------------------------|---|--|--|
| Head Coach | Mel Mitchell | | |
| Assistant Coach | Brad Curl | | |
| | Dave Nolan | | |
| Head Coach | Brad Curl | | |
| Assistant Coach | Anthony Dudeck | | |
| Manager | Mark Harrington | | |
| WTL Assistant Coach Matt Lawson | | | |
| Manager | Vince Bateman | | |
| | | | |
| Assistant Coach | Dave Nolan | | |
| | | | |
| | Head Coach Assistant Coach Head Coach Assistant Coach Manager Matt Lawson Manager | | |

The move to Castlewood Reserve Castle Hill for the first time for the Autumn Competition co - incided with the start of the Winter Rep season for Vawdon Cup. Once again Hills Hornets submitted 7 teams including the introduction of the Inclusive Premier League Team which was warmly supported by all at Hills.

VAWDON CUP 2016

| DIVISION | COACH | ASSISTANT COACH |
|----------|-------------------|-----------------|
| MD1 | Brad Curl | Craig Eggington |
| MD2 | Ken Donley | Mick Sproule |
| MD3 | Paul Hourigan | Anthony Jack |
| WD1 | Brad Mitchell | Paul Hourigan |
| WD2 | Charlie Hassarati | Cindy Dawson |

| Youth B | Matt Lawson | Phil Mcilwraith |
|---------|-------------|-----------------|
| IPL | Greg Brown | |

Congratulations to Greg Brown and his team for being crowned IPL Champions great result.

Also well done to Women's Div.2 for taking out the Plate Final and the Men's Div. 3 for Runners up.

Other notable achievements throughout the 2016 season for our Coaches was the second year of V-Squad run by all Hills Coaches along with Hills Juniors being involved in Australian Touch camp held at Hills Grammar.

We also had 3 new Level 1 Coaches join the ranks combined with 4 upgrades from Level 1 to Level 2.

The final event in the 2016 season was the NSW State Cup once again held at Port Macquarie in December.

For the first time Hills were able to enter a Mens 20's team which is a true indication of the strength of our junior program and hopefully this leads to a pathway for our eventual inclusion into the Premier League.

STATE CUP 2016

| DIVISION | COACH | ASSISTANT COACH |
|----------|----------------------------|-----------------|
| МОВ | Brad Mitchell | Justin Sheppard |
| WOB | Charlie Hassarati | Cindy Dawson |
| M20 | Brad Curl Mark Harrington/ | |
| | | Anthony Jack |
| MXO | Mick Sproule | |
| M40 | Paul Hourigan | Anthony Jack |

| W40 | John Moujalli | Kylie Nicholas |
|-----|---------------|----------------|
| SMX | Matt Lawson | Jo Lawson |

Exciting times ahead for Hills Hornets in 2017 and beyond with the dedication of our Coaches, Committee and especially Brad Mitchell it only points to some much needed success following on the field.

Thank you all for your contribution and keep up the great work.

Brad Curl

Hills Hornets Coaching Director